

Dear NMR Users,

因應新冠肺炎疫情挑戰，希望在 NMR 實驗室努力做實驗的伙伴都能安心無慮工作，除原先放置消毒酒精供使用者使用外，即日起核心人員每天都會清潔門把、桌面、鍵盤、滑鼠、電話、sample gauge 及 spinner。

然 NMR 實驗室乃開放式公用實驗室，使用者進出頻繁，所以請所有使用者配合以下注意事項，共同維護大家健康：

- 進入 NMR 實驗室前，及離開 NMR 實驗室後，請務必確實洗手！  
(非常重要!!!因為大家會碰觸到許多公用的物品，所以一定要勤洗手!!!)
- 除非必要(ex: 進行實驗, 送樣品)，避免到 NMR 實驗室，或在 NMR 實驗室群聚  
(待疫情過後, 再歡迎大家隨時來交流)
- 實驗相關討論，除非必要，改以電話或 Email 進行為主!
- 進入 NMR 實驗室請佩戴口罩

大家加油，我們一起守護自己與他人的安全!! 謝謝合作!!

中央研究院 高磁場核磁共振中心 2020.03.22

Dear NMR Users,

Your health is our top priority and we want to make sure everybody stays safe while using NMR. Facility staff will sanitize the keyboard, the mouse, the door knobs, telephone, the sample gauge, spinner and desk every morning. However, NMR lab is a shared facility, thus we need everyone to practice the following safety precautions in the NMR lab:

- Wash your hands BEFORE Entering and AFTER Leaving NMR Room. (This is very important since you will touch things used by everybody.)
- Avoid visiting NMR Room if you are not collecting data or delivering samples, and no more unnecessary gathering in NMR Room.
- Unless necessary, Data Discussion by phone or Email.
- Please wear MASK in NMR Room.

Stay safe, we should overcome!! Thank you for your cooperation!!

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